



INTERNATIONAL  
TAEKWON-DO  
FEDERATION



## ITF Instructors CODE of CONDUCT

**1. Respect the human rights, dignity and worth of every individual.**

*Treat everyone equally; regardless of sex, disability, ethnic origin or religion.*

*Respect the talent, developmental stage and goals of each member of ITF Taekwon-Do in order to help them reach their full potential.*

*Be sensitive to other cultures and respect their differences.*

**2. Maintain high standards of integrity.**

*Comply fully with the Oath and Tenets of Taekwon-Do, following the Constitution, By-Laws, and Standards and Discipline policy of the ITF.*

*Advocate a martial art/sport environment free of illegal drugs and other performance enhancing substances within the guidelines of each country's Sports Drug Agency and the World Anti-Doping code.*

*Do not disclose any confidential information relating to any student without their written prior consent.*

**3. Be a positive role model and act in a way that projects a positive image.**

*All Taekwon-Do students are deserving of equal attention and opportunities.*

*Be fair, considerate and honest with fellow Instructors and students.*

*Encourage and promote a healthy lifestyle – maintain care and control if smoking and drinking alcohol around lower graded students.*

**4. Professional responsibilities.**

*Display high standards in language, manner, punctuality, preparation and presentation.*

*Display control, courtesy, respect, honesty, dignity and professionalism to all involved within the sphere of ITF Taekwon-Do – this includes at competition with competitors, officials, administrators, the media, parents and spectators.*

*Refrain from criticism of other instructors and students, and accepting responsibility for your own action and encourage students to demonstrate the same qualities listed above.*

**5. Make a commitment to provide quality instruction to your students.**

*Seek continual improvement through ongoing instructor training and by undertaking other personal and professional development opportunities.*

*Provide students with planned and structured training programmes appropriate to their needs and goals.*

*Seek advice and assistance from senior instructors and professionals when additional expertise is needed.*

*Maintain fair, open and honest fiscal standards with sound and appropriate financial records.*

**6. Provide a safe environment for training and competition.**

*Adopt appropriate risk management strategies to ensure that the training and/or competition environment is safe.*

*Ensure equipment and facilities meet required safety standards.*

*Ensure equipment, rules, training and the environments are appropriate for the age, physical and emotional maturity, experience and ability of the students.*

*Show concern and support toward sick and injured students. Only allow further participation in training and competition when appropriate.*

*Provide modified training programmes if necessary.*

**7. Protect students from abuse.**

*Refrain from all forms of harassment or abuse (verbal, physical, sexual or emotional) based on colour, race, age, sex, sexual orientation, ethnicity, religious or ethical beliefs, marital or employment status, disability or distinguishing characteristics.*

*Any physical contact with students should be appropriate to the situation and necessary for the student's skill development.*

*Be alert to any form of abuse directed towards students from other sources while in your care.*

**From the Organisation - ITF INSTRUCTORS SHOULD:**

***Be treated with RESPECT and OPENNESS.***

***Have access to SELF-IMPROVEMENT opportunities***